

FlagPlus Football (FPF) members are subject to rules and regulations regarding on-field comportment. FPF holds the right to suspend or ban any player from the league at any time due to one single or numerous violations.

All disciplinary matters are handled individually or in combination with the FPF Disciplinary Committee and the FPF Executive Team.

Disciplinary Committee

The Disciplinary Committee (DC) includes FPF members and referees and is headed by a Chair, Edward Shoshan. These members are appointed by the FPF Executive Team.

Upon notification of a disciplinary issue, the committee congregates and analyzes the reports submitted. It then renders a decision based on a pre-determined set of guidelines and benchmarks. Final decisions are then emailed to the team captain(s) and are effective immediately.

Length of Suspension

All FlagPlus Football suspensions are issued in weeks and not games, meaning if a player plays on more than one team, he will be obliged to sit out games for all teams.

If a bye week interferes with the suspension on a given team, the player's suspension will be extended to meet the number of weeks. In addition, if the suspended player's *own team* forfeits a game during the duration of the suspension, that particular game will not count towards his suspension.

Process

Once a report has been submitted to the DC, the involved teams' captains will be emailed by the chairman. Both teams will have an opportunity to provide their side of the story in an email. The captain will have 24 hours to send back the email and no further communication will be permitted. The DC will review the official report (submitted by the game officials) and will use both teams' descriptions as a reference. The committee will then meet (via conference call) and render a final decision. On the Friday morning following the altercation, all involved captains will be emailed.

There is no appeal process, and all suspensions are final.

Post-Suspension

A suspended player is permitted to attend his team's games and sit on the bench. However, any behaviour deemed inappropriate toward league staff, officials or other team can lead to an extension of the current suspension.

Possible violations/subsequent minimum suspension

Please note that an exhaustive list of violations would be impossible to draft and consequently the DC holds the right to use their collective discretion to rule on any altercation/violation.

All altercations involving the throwing of a punch will receive a minimum suspension of three weeks and a maximum suspension of a lifetime ban from FPF. Due to the unique nature of every individual altercation, each violation will be evaluated based on severity and intent of the action.

The duration of any suspension for repeat offenders is more severe, this includes a player who has received an official warning during the same calendar year.

Listed below are some examples of punishable violations:

Physical Altercations (including but not limited to): punching, kicking, excessive physical play with intent to injure, and throwing an object (e.g. a football with intent to injure)

Objectionable Conduct (including but not limited to): verbal abuse, taunting, objectionable gesture towards an opponent or official.

FlagPlus Football prides itself on providing an intense and competitive outlet for football, all the while defining clear guidelines for player conduct and comportment to keep altercations at a minimum. The FPF Disciplinary Committee's mandate is to keep the league clean and enjoyable for its members, by enforcing strict consequences toward the players who do not adhere to the guidelines.